

For Treatment of Scars

Radiologist and Oncologist Dr. Hans Harbst found that **Rosehip Oil** was excellent as a treatment for the "tracking" and other dermatological problems following radiation therapy.

"As a radiotherapist, I work with many patients who have undergone surgery and therefore have scars", explains Dr. Harbst. "In addition, subsequent radiation causes secondary reactions to the skin such as inflammation, darkening and dermatitis. These effects are inevitable following radiation treatments. This presents an aesthetic problem for patients, but the application of **Rosehip Oil** has produced faster healing of these lesions. Also, treatment of scars that cause tightening of the skin and difficulty in moving the arms and legs has been greatly improved with **Rosehip Oil**. We have achieved a loosening of the tension in the skin with **Rosehip Oil Cream**. The results have been very good with some patients and spectacular with others."

In 1978 **Dr Fabiola Carbajal, M.D.** while working in the *microbiology department at Concepcion University in Santiago, Chile* decided to test this unusual natural oil in clinical dermatological tests. Below, in her own words are the results of her clinical studies.

"The results were superb using **Rosehip Oil and Cream** in all our clinical studies, even with scars over 20 years old and with patients who had not improved using other therapies. **Burns (including UV damaged skin and radiation burns), chronic ulcerations of the skin (such as that with papaplegics and bedridden invalids), skin grafts, brown spots, prematurely aging skin, dry skin:** all benefited with **Rosehip Oil.**"

I have also found that the oil is beneficial in **hair care** as well: particularly with *colored hair, permed hair, tinted hair, or hair that has been damaged by too much sun or cold weather.*"

Dr Carvajal's photographs of some patients who have improved by treatment with **Rosehip Oil** demonstrate the good results of which she speaks. One of the most dramatic examples of improvements was a young woman, 33 years old, whose face sustained extensive damage in a car wreck which caused extensive hypertrophic scars. Her traumatism was both physiological and psychological. She couldn't stand to look at her face in a mirror, and even had all the mirrors removed from her house.

Dr Carvajal treated her for four months with **Rosehips Oil and Cream**. The improvement was amazing with excellent regeneration of the skin. The patient was very pleased with the results and was able to feel good about her appearance again.

Ageing of Skin

Extensive **aging of the skin**, especially where UV damage is apparent, often takes on the appearance of deep lines in the skin which even resemble the cross-linked appearance of collagen. A 62-year old woman had the deep lines associated with premature aging due to UV rays and other external causes.

The premature aging of the skin can be treated with **Rosehip Oil** cream demonstrates that Rosehip Oil, because its high content of fatty acids, can smooth the topical appearance of the skin, thereby preventing the aging.

Though **Dr Carvajal** found the treatment succesful in the removal of acne scarring. A dermatology treatment was used to electrically remove acne from a young woman's face but that left acne scars. The scars were treated with **rosehip oil** cream for six months with excellent results.

"A man who had his whole head radiated due to a brain tumour had no signs of radiation after four weeks of treatment with **rosehip oil**. Another patient who showed an acute dermatitis after radiation had an excellent recovery 24 hours after treatment with the oil. The skin had actually regenerated."

Clear Unblemished Skin

Do You Find It Increasingly Difficult To Get A Clear Unblemished Skin?

People who live in sundrenched countries, like Australia, have a real problem with their skin as they grow older. The sun, whether direct or indirect wreaks havoc on our skin. The changes range from wrinkles, active keratosis (a thickening or build up) and differences in pigmentation. And, of course, an increasing menace these days...sun spots. If you have 'problem' skin you will be fascinated by the results of an experiment with 20 women aged between 25 and 35. These women were all 'sun-worshippers' and spent the summer by the sea sun-baking. They went to the beach every single day. The result was their skins were wrinkled, had brown spots and they all looked older than their age.

All of these women were asked to apply **rosehip oil** to their faces every day. they agreed and did this for the four hottest months of the year. Their skin was checked every 8 days. Significant changes started taking place on the third week! Firstly the surface wrinkles started to disappear. Then spots started to fade. At the end of four months the transformation was complete. Each woman's skin was smooth, wrinkles hardly noticeable and the spots had almost gone

Rosehip Oil

Researchers in Chile have found a natural oil that provides beneficial effects to the skin

It is the oil extracted from the seeds of a rose bush that grows wild in the south of Chile, a cool and very rainy mountain region. The oil pressed off the Rosehip seed contains an amazing 77% of fatty acids (linoleic and linolenic). Fatty acids have very important functions in the regeneration of skin cells and repair of damaged tissues. Over the years, Rose Hip Oil has been shown to retard the signs of premature ageing and provide excellent results in the treatment of burns, scars and unsightly spots on skin. If applied consistently during two or three months Rose Hip Oil was found to:

- Reduce wrinkles and signs of premature ageing. It will also help counter the drying effects of the sun which are usually first noticed in fine wrinkles or "crows feet" around the eyes and mouth.
- Attenuate scars (surgical and accidental) and improves the colour of same (i.e., reduces the redness or hyperpigmentation). It also avoids the formation of the keloid type of scar (lump) which may appear after surgical procedures and helps to make less apparent scars left by acne or chickenpox.
- Provide excellent results in treatment of skin that has been burnt or exposed to radiotherapy.

Rose Hip Oil is massaged into the affected area with fingertips until completely absorbed. It is supplied 100% pure, has no added chemicals and involves no testing on animals. [order](#)

ROSE HIP OIL ASSISTS MEDICAL TREATMENTS

Dr Hans Harbst, surgeon and radiotherapist presently practising in Chile, graduated in radio-oncology, radiology and nuclear medicine at the Nuclear Research Centre of the University of Heidelberg, Germany. Dr Harbst heads the Department of Radio-oncology of the Indisa Clinic in Santiago and is also head of the Department of Radiology of the Chilean Air Force Hospital in Santiago.

Dr Harbst has extensive experience in the application of Rose Hip Oil for treating skin alterations, especially secondary dermatitis which takes place as a result of radiotherapy.

Dr Harbst explains about the use of products containing Rose Hip Oil:

"As a radiotherapist, I work with several patients that have been operated upon and, therefore, have scars. Also, the radiation to which they are exposed may produce secondary effects on the skin such as inflammations, darkening and actinic dermatitis. These effects are, in most cases, unavoidable because in the same way that a surgeon leaves a scar when he or she operates, a radiotherapist leaves a mark on the radiated areas, which are not injuries as such but skin reactions.

"This means a problem for the patient, especially when he or she are left with marks in areas exposed to view like the face, head or neck.

"I have applied Rose Hip Oil on all types of skin. Rose Hip Oil acts on scars reducing hyperpigmentation, flattening hypertrophy (bulky scars) and loosening up fibrous chords. All these effects end up in a near complete attenuation of scars.

ROSE HIP OIL

In December 1988 two doctors published their findings in a paper titled Contributions to Identification and Application of Active Components Contained in Rosa Aff. Rubiginosa. The authors were Dr Bertha Pareja, Principal Professor, Faculty of Pharmacology and Biochemistry, University of San Marcos, Lima, Peru and Dr Horst Kehl, from the School of Pharmacology of the University of Missouri, Kansas City, Missouri, USA. Dr Kehl took part in the effort in his capacity of Visiting Professor at the San Marcos University.

The following paragraphs are extracts from the paper.

APPLICATION ON AGED SKIN

Changes produced on skin by the action of the sun, i.e., photoaging (dermatoheliosis) are very common in all countries of warm climate. Exposure to sun causes important morphological changes in skin. Dermatoheliosis appears in different ways and varying intensity ranging from surface wrinkles, active keratosis and variation in the distribution of the melanin granules.

For this test volunteers were selected among people who usually spend the 3 months of summer in resorts by the sea or who go to the beach every day. The tests were carried out on 20 women aged between 25 and 35 who were controlled and assessed during the summer of 1988. The most frequently noted cutaneous signs were surface wrinkles, brown spots, eyelids and, in some cases, only an intense tan. All applied rose hip oil on the face during four months (May to August, Autumn 1988).

Observations were made every eight days. Significant changes were noted starting on the third week. Firstly, surface wrinkles started to disappear, spots started to fade until, at the end of the fourth month, the disappearance was complete. Skin presented a smooth and fresh aspect and the spots had almost disappeared.

APPLICATION ON SURGICAL SCARS

For this test we used scars that had equal features. Ten women, aged between 45 and 68, were selected who had suffered unilateral or bilateral mastectomy.

Applications of rose hip oil were made, starting on the day when the surgical stitches were removed. After washing the area with tepid water and soap and careful drying, the oil was applied by soft massage. After three months of applying twice daily (morning and evening) it was noted that the scars were less apparent, without lumps and that skin elasticity had improved and the colour of the area had improved significantly.

We carried out these observations until four months after the operations and the treating doctors indicated that the skin conditions were improving considerably, allowing implantation of prosthesis or plastic surgery in far better conditions than with patients who had not been treated.

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